Game. Set. Match! The Fitness Center Summer Tennis Camp



Whether you're a beginner or already a seasoned player, come join the fun and camaraderie at The Fitness Center Summer Tennis Camp. The camps are geared to improve technical and tactical skills along with fitness, mental toughness and match play strategies. The camps will be held on the outdoor courts. Any rain make-ups will be made up on Fridays or the week of August 7th-10th.

MINI SESSION: 9am-11am Monday through Thursday for all level players Ages 7 and up. Cost: \$115 MEMBERS / \$130 NON-MEMBERS

FULL SESSION: 9am-12pm Monday through Thursday for intermediate and advanced players Ages 9 and up. Score keeping and match play experience required

Cost: \$165 MEMBERS / \$180 NON-MEMBERS

Placement in groups will be determined by instructors

Players will need to provide their own racket, sunblock and proper athletic shoes. Also suggested are a hat, sunglasses and water. You can also bring a small snack

*SESSION 6: 9am-12pm Monday through Thursday will be for high school players, rising freshman to seniors trying out for school tennis!

Cost: \$165 MEMBERS / \$180 NON-MEMBERS

* ALL CAMPS, PLEASE SIGN UP FOR CAMP BEFORE THE 1ST DAY OF THE CHOSEN SESSION/SESSIONS!!









Session 1: June 12th to June 15th Session 2: June 19th to June 22nd Session 3: June 26th to June 29th

Session 4: July 10th to July 13th Session 5: July 17th to July 20th

Session 6: July 24th to July 27th (HIGH SCHOOL)

For more information contact curtischen@southshorefitness.com

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