



# SHOCKWAVES

AGES 9-12 YRS OLD

## MONDAY

No Equipment  
Needed Today!

12:00pm-12:30pm Registration/Welcome/Meet and Greet  
12:30pm-1:00pm Floor Hockey  
1:00pm-1:30pm Octopus  
1:30pm-2:30pm Arts & Crafts  
2:30pm-3:00pm Snack (Provided by TFC)  
3:00pm-4:00pm Scatter Ball/Pickleball



## TUESDAY



12:00pm-12:30pm Free Play  
12:30-1:00pm Play Place  
1:00pm-1:30pm Hit the Deck  
1:30pm-3:00pm Swimming (2 Lifeguards on Duty)  
3:00pm-3:30pm Snack (Provided by TFC)  
3:30PM-4:00PM Kickball

Sunscreen Day

BRING YOUR SWIMSUIT  
Please do not bring towels!

## WEDNESDAY

Bring Your  
Tennis Racket



12:00pm-12:30pm Scooter Races  
12:30pm-1:30pm Tennis  
1:30pm-2:30pm Hip or Boot Camp  
2:30pm-3:00pm Snack (Provided by TFC)  
3:00pm-3:30pm Dodgeball  
3:30pm-4:00pm Kickball



## THURSDAY

Bring Rollerblades  
or Skates and Helmet



12:00pm-12:15pm Free Play  
12:15pm-1:00pm Skating/Rollerblading  
1:00pm-2:30pm Swimming (2 Lifeguards on Duty)  
2:30pm-3:00pm Pizza Party (Provided by TFC)  
3:00pm-4:00pm Relay Races

Sunscreen Day

BRING YOUR SWIMSUIT



Please do not bring towels!

## FRIDAY



NO CAMP TODAY!!  
HOPE TO SEE YOU NEXT SESSION!!!

This Schedule is Subject to Change